

Cardinal Stritch University COVID-19 Health & Safety Protocols, Policies & Procedures

This document provides updated information on the University's COVID-19 protocols and procedures. Using the best data available from the Centers for Disease Control and Prevention (CDC), the American College Health Association (ACHA), and the North Shore Health Department (NSHD), the following protocols will be in effect immediately and until further notice. Every effort will be made to inform the community of changes to these protocols and procedures via the University's email system, the [Stritch Unstopped](#) webpage, and at my.stitch.edu.

COVID-19 VACCINATIONS

All faculty, staff and students are strongly encouraged to be fully vaccinated against COVID-19. To find a vaccine or booster, visit this [webpage](#).

If you exhibit COVID-19 symptoms or have been in close contact with someone who has tested positive for COVID-19, you are encouraged to get tested. Residential students can be tested in the Student Health Clinic.

PREVENTATIVE ACTIONS TO STAY HEALTHY

Steps to remain healthy include:

- Washing your hands often with soap and water for at least 20 seconds.
- Using the hand sanitizers around campus.
- Avoiding touching face, eyes, nose and mouth with unwashed hands.
- Avoiding close contact with people who are sick.
- Staying home if you are sick.
- Self-monitoring for COVID-19 symptoms
- Practicing proper coughing and sneezing etiquette by covering mouth and nose with a tissue, and then throwing it in the trash. When tissues are not available, make sure to cough or sneeze in the elbow and not the hands.

STRITCH UNSTOPPED HEALTH & SAFETY PROTOCOLS

The following information outlines the policies and procedures recommended for all members of the Stritch community regarding health and safety concerns. Students, faculty and staff should assess their personal risk related to COVID-19 and take the appropriate precautions.

The following guidelines are recommended for all students, faculty and staff, regardless of COVID-19 vaccination status:

- If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home. You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have test results. Continue isolation until you no longer have a fever and your symptoms have improved.
- If you have been exposed to COVID-19 wear a mask for 10 days after the exposure and monitor for symptoms. If you develop symptoms, isolate, get tested, and stay at home until you know the test results.
- If you are sick with any symptoms, stay home. This will help keep the Stritch community healthy and safe.

STUDENTS: If you test positive for COVID-19, you must contact faculty directly as soon as practical, just as you would when you are physically unable to attend class due to illness or for another reason. You are responsible for working with faculty to address any missed academic work during your absence, including attending classes virtually.

FACULTY/STAFF: If you test positive for COVID-19, you must notify your supervisor or Human Resources to receive further guidance.

SELF-MONITOR FOR SYMPTOMS: People with COVID-19 may exhibit a wide range of symptoms that appear after being exposed to COVID-19. If you have had close contact with someone who has tested positive or if you have symptoms, you should be tested for COVID-19 to prevent the spread on campus. Symptoms can include fever or chills; cough or cold-like symptoms; shortness of breath or difficulty breathing; fatigue; muscle or body aches; headache; new loss of taste or smell; nausea or vomiting; and diarrhea.

MASKS/FACE COVERINGS: In order to continue to protect the most vulnerable members of our community, and in alignment with our Franciscan values, Stritch will continue to follow federal, state and local recommendations on masking/face coverings.

Faculty and staff may require individuals to wear masks while in classrooms or in personal working space. Faculty will communicate directly with students if there is a classroom mask requirement. Masks should fit properly over the nose and mouth and should not have gaps.

STRITCH IDs: Students are required to have their Stritch IDs at all times while on campus. Faculty and staff must either have their IDs or University nametag visible at all times.

CLEANING AND DISINFECTING ON CAMPUS: Hand sanitizers are located in several public spaces around campus. In addition, all classrooms are equipped with sanitation wipes so that students can disinfect their work area before the start of each class.

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